

From: Gillian Olivia Witter
Date: Tue, May 3, 2022, 12:48 p.m.
Subject: Please Read Carefully
To: Carlene Witter
Cc: Vibert Witter

Dear Mom,

I am leaving for my residential camp for school today. I will be in Algonquin Park at Camp David I will be there from May 3-8. I will have limited access to my phone. For Emergency 705-732-6964. The map is attached.

I have 100% respect for you as a person and my Mom. Your behaviour of barging in my room belligerently yelling, swearing and accusing me of moving your phone is NOT ok. YOU HAVE NO RIGHT to yell at me like ever again. This is not your right as a Mother. I didn't deserve it. That is your uncontrolled rage and anger that you are dumping on me.

That behaviour has forever changed our Mother and daughter relationship. I have allowed abusive behaviour from others because I accepted it from you. This was the last time. I have too much self-respect and I deserve an apology for accusing behaviour and hurtful words.

To put this in perspective, please understand this. This will be the last time I will live in the apartment with you. When I leave (which will be soon), I will keep those in my life that treat me with love and kindness and communicate with me well. I will not have YOU in my life if you feel you can treat me this way. I do not want to sharing anything with you when you are constantly abusive towards me. I am done.

You raised a beautiful, intelligent, and amazing daughter. I am doing brilliant things in this world and I will be successful. I am a daughter who loves and respects you so deeply. I have done my best to keep my way and show how my appreciation for you for letting me live here. I am not perfect. I will and do make mistakes.

Moving forward, do what you need to do. If you feel changing the locks gives you a false sense of control. Do what you need to do. If you feel you need to be revengful and vindictive towards me for someone who as done nothing but loving towards you. Do what you need to do. I will land somewhere. I am not scared of your threats anymore. They have no more power over me. I am not a victim of your abuse. You will just lose your daughter in the process.

Just know that if you chose this, when I move out I WILL NOT COME BACK. You are going to need more help and support as you get older. Who will support you? The days of being abusive by yelling, swearing, and being angry towards me are over. I do not allow or accept this from ANYONE in my life.

Get a grip of yourself. Learn to accept change. Understand your control issues and manage them. Understand why you are getting angry and are full of rage. Deal with your anger. Talk to someone who will fully listen to you and how you are feeling. Scream, yell, cry, let it out. This was the last time you are abusing me out that way. I do not deserve this abusive behaviour from you or anyone.

When I return, I will acknowledge you. If you want to restore this relationship and talk, I will not approach you anymore. Practice to communicate calmly and I am here to listen. I will stop talking or walk away the moment you are disrespectful or yell at me. This is not ignoring you. This is me standing up for myself and not taking your abuse. I am a sensitive gentle kind-hearted soul and will be treated that way.

This intergenerational, slave-mentality, abusive, trauma ends here. I am here to stop the repeated patterns in this family. I am our ancestors wildest dreams and will achieve all my dreams. It's up to you whether you want to be apart of it or not.

Have a good few days ahead.

Gillian

Note: I have included Daddyo in this e-mail for transparency.

Be well 🌿 & be love ❤️,

Gillian 💜